



2023

**ANNUAL
REPORT**



ABOUT US

Mission

Prescription for Better Living, a nonprofit 501 (c) (3) organization, works to improve health equity through the promotion of health careers to those from under represented backgrounds, providing health education to the community and by supporting programs that work to address the social determinants of health.

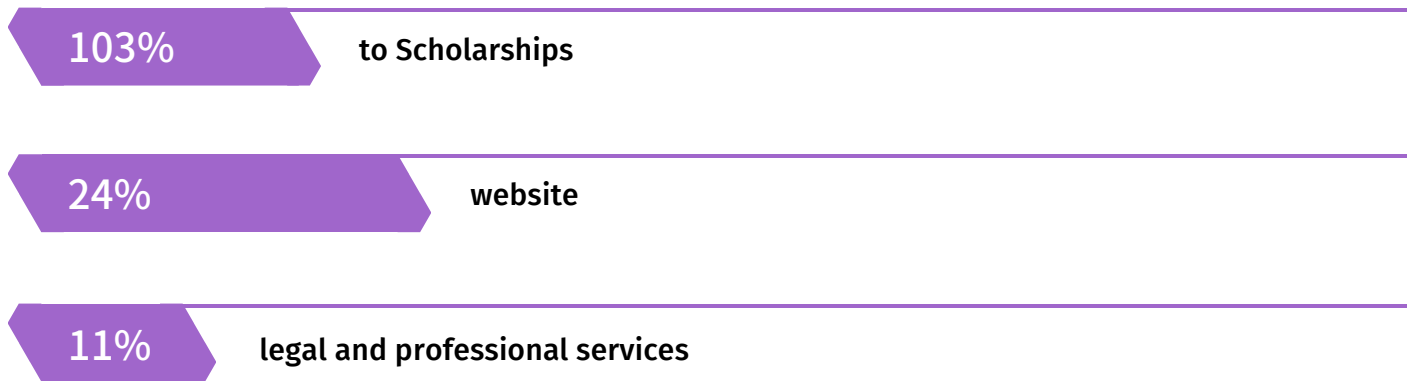
Vision

To be one of the most impactful philanthropic organizations that increases diversity in the healthcare industry and helps to eliminate health disparities.

www.rx4betterliving.org

2022 RECAP

BUDGET BREAKDOWN



KEY HIGHLIGHTS

Increased the number of scholarship recipients.

Strong grassroots support.

INCOME STATEMENTS

2023 Revenue



2023 Expenses



2023 Scholarships and
Gifts



Prescription For Better Living

Statement of Activity

January 1 - December 13, 2023

	TOTAL
▼ Revenue	
Grants & Donations	4,786.21
Total Revenue	\$4,786.21
GROSS PROFIT	\$4,786.21
▼ Expenditures	
Advertising & Marketing	119.94
Bank Charges & Fees	50.32
Computer Software & Website	1,173.78
Contributions	5,000.00
Legal & Professional Services	550.00
Office Supplies & Expense	452.11
Total Expenditures	\$7,346.15
NET OPERATING REVENUE	\$ -2,559.94
NET REVENUE	\$ -2,559.94

Accrual basis Wednesday, December 13, 2023 08:09 PM GMT-06:00

Prescription For Better Living

Statement of Activity % of Total Revenue

January - December 2023

	TOTAL	
	JAN - DEC 2023	% OF REVENUE
▼ Revenue		
Grants & Donations	4,836.21	100.00 %
Total Revenue	\$4,836.21	100.00 %
GROSS PROFIT	\$4,836.21	100.00 %
▼ Expenditures		
Advertising & Marketing	131.94	2.73 %
Bank Charges & Fees	50.32	1.04 %
Computer Software & Website	1,173.78	24.27 %
Contributions	5,000.00	103.39 %
Legal & Professional Services	550.00	11.37 %
Office Supplies & Expense	452.11	9.35 %
Total Expenditures	\$7,358.15	152.15 %
NET OPERATING REVENUE	\$ -2,521.94	-52.15 %
NET REVENUE	\$ -2,521.94	-52.15 %

Goals for 2024

FINANCIAL TARGETS

Sponsorships	\$4,000
Individual Donations	\$1,500
Events/Mobile Cause	\$2,500

FUTURE PLANS FOR GROWTH

Grant Identification

Strengthen
partnerships and
sponsors

Expand
programming



MEET THE BOARD



DR. HERNADO
CARTER
INTERNAL MEDICINE



DR. ADRIENNE
CARTER, FACP
INTERNAL MEDICINE



CHRISTOPHER
WILLIAMS
OCCUPATIONAL
THERAPIST



HEATHER
WILLIAMS, CRNP
NURSE PRACTITIONER



DR. WILLIE L.
GILFORD, FACEP
EMERGENCY MEDICINE



DELPHA BARTLEY-
JONES
FVP- CORPORATE SOCIAL
RESPONSIBILITY



SCHOLARSHIP RECIPIENTS

What Are They Saying?



This program is for young black girls and boys interested in pursuing a career in the health and medical field as they go off to college. Getting awarded with this scholarship meant everything to me because Dr. Carter saw something in me and he believed that I would be a great candidate, not only for this scholarship but also for his organization and I will forever be grateful for this opportunity. I am attending Tennessee State University to become a Nurse Anesthetist. This scholarship has motivated me to continue to stay focused during school, chase my childhood dreams, and help inspire the younger generation to strive for greatness.



Amorè Z. Dixie

DR. THOMAS BLOCKER SCHOLARSHIP RECIPIENT



Prescription for Better Living
Thomas Blocker Health Careers
Scholarship



CERTIFICATE OF SCHOLARSHIP

THIS AWARD IS GIVEN TO

Kennedy Poindexter

in recognition of commitment to academic achievement
and a desire to pursue a career in a health-related
profession.

Awarded June 4, 2023

DR HERNANDO CARTER

CEO and President of
Prescription for Better Living

Prescription for Better Living
Thomas Blocker Health Careers
Scholarship



CERTIFICATE OF SCHOLARSHIP

THIS AWARD IS GIVEN TO

Erin Lumpkin

in recognition of commitment to academic achievement
and a desire to pursue a career in a health-related
profession.



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Kennedy Papadimitriou

Erin Lemkin

Rayanna Goffe Lind



